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# Aqualina Wristlets

designed by  
Darla Fanton



Technique used: Crochet



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(75% Microdenier Acrylic/25% Bamboo;):

3 oz

Shown in: #0005 Ocean Spray

One size US J-10 (6 mm), crochet hook or  
size to obtain gauge.

One size US H-8 (5 mm) crochet hook (for  
wrist and hand edging only)

Yarn needle



click to enlarge



[Printer Friendly instructions](#)

## FINISHED MEASUREMENTS

Each wristlet measures approximately 9"/23 cm long (unstretched), with an adjustable circumference

## GAUGE

In pattern (unstretched), using J-10 (6 mm) hook, 16 sts and 16 rows = 4"/10cm.

## STITCHES USED

Chain (ch), single crochet (sc), slip stitch (sl st)

## NOTES

1. Wristlets are worked lengthwise as a flat rectangle, then seamed from the top (knuckle area) down, leaving a space for thumb opening.
2. The textured stitch used causes the stitches of the rectangle to lean, creating an interesting diagonal twist to the finished wristlet.

**HELPFUL**

Work the slip stitches loosely to maintain a stretchy fabric.

**WRISTLET (make 2)**

Ch 37.

**Row 1:** Working in back bump (along back side of foundation ch), sl st in 2nd ch from hook and in each ch across, turn—36 sl sts.

**Row 2:** Working in back loops only, ch 1, sl st in first st, \*ch 1, sl st in next st; repeat from \* across, turn.

**Row 3:** Ch 1, working in back loops only, \*sl st in next st, sk next ch-1 sp; repeat from \* across, turn.

Repeat last 2 rows until width of rectangle measures approximately 2"/5 cm less than circumference of hand at the knuckle area; end with a RS row. Do not fasten off.

**Joining:** Ch 1, fold rectangle (bringing foundation ch and last row together) so that the highly textured side is facing you, and join the edges as follows: working through both thicknesses (inserting hook through both loops of foundation ch and both loops of corresponding sl st of last row), [sl st in next st, ch 1] 7 times, sl st in next st; fasten off; sk next 5 sts for thumb opening, join yarn with sl st in next st, ch 1, \*sl st in next st, ch 1; repeat from \* across edge. Do not fasten off.

**Wrist Edging**

Change to smaller hook.

**Round 1:** Working in ends of rows around wrist edge, sc in end of each row around; join with with sl st in first sc.

**Round 2:** Sl st in next st, \*ch 3, sl st in 3rd ch from hook (picot made), sl st in next 2 sts; repeat from \* around.

Fasten off.

**Hand Edging**

With smaller hook, join yarn with sc in seam at hand edge, \*sk end of next row, sc in end of next row; repeat from \* around; join with sl st in first sc. Fasten off.

Using yarn needle, weave in all ends.

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