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## Lapa

designed by  
Doris Chan



Technique used: Crochet



INTERMEDIATE  
YARN

### Naturally Caron.com Spa

(75% Microdenier Acrylic/25% Bamboo; 3 oz/85 g, 251 yds/230 m skein): 9 (12, 12, 15, 15) oz.

**Shown in:** #0004 Green Sheen

One size US H-8 (5 mm), or size to obtain gauge.

Stitch markers

Yarn needle



[click to enlarge](#)



[Printer Friendly instructions](#)

### SIZES

Small (Medium, Large, X-Large, XX-Large)

### FINISHED MEASUREMENTS:

Bust 35 (38, 42, 46, 52)"/89 (96.5, 106.5, 117, 132) cm

Length 26 (26, 27, 27, 28)"/66 (66, 68.5, 68.5, 71) cm

### GAUGE

In Fsc (slightly stretched), using US H-8 (5 mm) hook, 13 sts = 4"/10 cm

In lace yoke pattern, using US H-8 (5 mm) hook, 5 1/2 rows = 4"/10 cm

In mesh pattern, using US H-8 (5 mm) hook, 4 (ch-space) mesh = 3 1/2"/9 cm and 8 rows = 4"/10 cm (as crocheted, mesh will grow when blocked)

## STITCHES USED

Chain (ch), double crochet (dc), half double crochet (hdc), single crochet (sc), slip stitch (slip st)

## SPECIAL TERMS

**Fsc:** Foundation single crochet (This technique creates a foundation chain and a row of single crochet stitches in one) –

Step 1: Place a slip knot on hook, ch 2, insert hook in 2nd ch from hook and draw up a loop; yarn over and draw through one loop on hook (the "chain"); yarn over and draw through 2 loops on hook (the "single crochet").

Step 2: The following stitch is worked under the forward 2 loops of the stem of the previous stitch (into the "chain"). Insert hook into the face of the "chain" and under the nub at the back of the "chain", draw up a loop, yarn over and draw through one loop on hook (the "chain"), yarn over and draw through 2 loops on hook (the "single crochet"). Repeat for the length of foundation.

**To add stitches with Fsc (when shaping armholes):** Ch 1 (as instructed), insert hook in the stem of the sc just made (under 2 strands), draw up a loop, yarn over and draw through one loop on hook (the "chain"), yarn over and draw through 2 loops on hook (the "single crochet"). Make remaining Fsc as above.

**puff:** 4-hdc puff stitch—[Yarn over, insert hook in indicated space, yarn over and draw up a loop] 4 times (9 loops on hook), yarn over and draw through all loops on hook.

**beg-puff:** Beginning puff stitch—Ch 2, [yarn over, insert hook in indicated space, yarn over and draw up a loop] 3 times (7 loops on hook), yarn over and draw through all loops on hook.

**V-st:** 2-puff V-st—(puff, ch 2, puff) in indicated space. **fan:** 3-puff fan—(puff, ch 2, puff, ch 2, puff, ch 1) in indicated space (**Note:** This fan ends with a ch 1 to close top of last puff)

**dc2tog:** Double crochet 2 together –[Yarn over, insert hook in next st and pull up a loop, yarn over and draw through 2 loops] twice, yarn over and draw through 3 loops on hook.

## PATTERN STITCH

### Mesh Pattern (in joined rounds)

**Note:** Eight rounds are needed to complete the pattern of staggered puff stitch fans. **Round 1 (RS):** (Beg-puff, ch 2, puff) in first space, sc in next ch-5 space, [ch 5, sc in next ch-5 space] 2 times, \*fan in next ch-5 space, sc in next ch-5 space, [ch 5, sc in next ch-5 space] 2 times; repeat from \* around, puff in same space as beg-puff; join with ch 1, sc in top of beg-puff (join counts as ch-sp), turn.

**Round 2 (WS):** Ch 1, sc in first space (formed by join), [ch 5, sc in next ch-5 space] 2 times, \*[ch 5, skip next puff, sc in next ch-2 space] 2 times, [ch 5, sc in next ch-5 space] 2 times; repeat from \* to last ch-2 space, ch 5, sc in last ch-2 space; join with ch 2, dc in first sc (join counts as ch-sp), turn.

**Rounds 3 and 4:** Ch 1, sc in first space (formed by join), \*ch 5, sc in next ch-5 space; repeat from \* around; join with ch 2, dc in first sc, turn.

**Round 5:** Ch 1, sc in first space, ch 5, sc in next ch-5 space, fan in next ch-5 space, sc in next ch-5 space, [ch 5, sc in next ch-5 space] 2 times, fan in next ch-5 space, sc in next ch-5 space; repeat from \* around; join with ch 2, dc in first sc, turn.

**Round 6:** Ch 1, sc in first space, [ch 5, skip next puff, sc in next ch-2 space] 2 times, ch 5, sc in next ch-5 space, \*ch 5, sc in next ch-5 space, [ch 5, skip next puff, sc in next ch-2 space] 2 times, ch 5, sc in next ch-5 space; repeat from \* around; join with ch 2, dc in first sc, turn.

**Rounds 7 and 8:** Repeat Round 3 twice.

## NOTE

Top is crocheted seamlessly from the top down.

## HELPFUL

When making puff stitches, pull up on the loops a bit to give them some height over the working row, and keeping the loops all at the same height. This will make it easier to draw the yarn through all loops when completing the puff.

### LACE YOKE

Fsc 70 (70, 78, 78, 78) to measure approximately 21 1/2 (21 1/2, 24, 24, 24)"/54.5 (54.5, 61, 61, 61) cm slightly stretched; taking care not to twist sts, join with slip st in first Fsc to make a ring.

**Note:** Begin work along "sc" edge of ring.

#### Size Small only:

**Round 1:** Beg-puff in first st, ch 3, skip next st, sc in next st, ch 3, sc in next st, ch 3, skip next st, \*V-st in next st, ch 3, skip next st, sc in next st, ch 3, sc in next st, ch 3, skip next st; repeat from \* 12 more times, puff in same st as beg-puff; join with ch 1, sc in top of beg-puff (join counts as ch-sp), turn—14 lace repeats.

**Round 2:** Beg-puff in first space (formed by join), ch 3, skip next sc, 3 dc in next ch-3 space, ch 3, \*V-st in ch-2 space of next V-st, ch 3, skip next sc, 3 dc in next ch-3 space, ch 3; repeat from \* around, puff in same space as beg-puff; join with ch 1, sc in top of beg-puff, turn.

**Round 3:** Beg-puff in first space, ch 3, dc in next dc, 2 dc in next dc, dc in next dc, ch 3, \*V-st in ch-2 space of next V-st, ch 3, dc in next dc, 2 dc in next dc, dc in next dc, ch 3; repeat from \* around, puff in same space as beg-puff; join with ch 1, sc in top of beg-puff, turn.

**Round 4:** Beg-puff in first space, ch 3, 2 dc in next dc, dc in next 2 dc, 2 dc in next dc, ch 3, \*V-st in ch-2 space of next V-st, ch 3, 2 dc in next dc, dc in next 2 dc, 2 dc in next dc, ch 3; repeat from \* around, puff in same space as beg-puff; join with ch 1, sc in top of beg-puff, turn.

**Round 5:** Beg-puff in first space, ch 3, dc in next 6 dc, ch 3, \*V-st in ch-2 space of next V-st, ch 3, dc in next 6 dc, ch 3; repeat from \* around, puff in same space as beg-puff; join with ch 1, sc in top of beg-puff, turn.

**Round 6:** Beg-puff in first space, ch 4, dc in next 6 dc, ch 4, \*V-st in ch-2 space of next V-st, ch 4, dc in next 6 dc, ch 4; repeat from \* around, puff in same space as beg-puff; join with ch 1, sc in top of beg-puff, turn.

**Round 7:** Beg-puff in first space, ch 4, dc2tog over next 2 dc, dc in next 2 dc, dc2tog over next 2 dc, ch 4, \*V-st in ch-2 space of next V-st, ch 4, dc2tog over next 2 dc, dc in next 2 dc, dc2tog over next 2 dc, ch 4; repeat from \* around, puff in same space as beg-puff; join with ch 1, sc in top of beg-puff, turn.

**Round 8:** Beg-puff in first space, ch 5, dc in next 4 dc, ch 5, \*V-st in ch-2 space of next V-st, ch 5, dc in next 4 dc, ch 5; repeat from \* around, puff in same space as beg-puff; join with ch 1, sc in top of beg-puff, turn.

**Round 9:** Beg-puff in first space, ch 5, [dc2tog over next 2 dc] twice, ch 5, \*V-st in ch-2 space of next V-st, ch 5, [dc2tog over next 2 dc] twice, ch 5; repeat from \* around, puff in same space as beg-puff; join with ch 1, sc in top of beg-puff, turn.

**Round 10:** Beg-puff in first space, ch 6, dc2tog over next 2 dc, ch 6, \*V-st in ch-2 space of next V-st, ch 6, dc2tog over next 2 dc, ch 6; repeat from \* around, puff in same space as beg-puff; join with ch 1, sc in top of beg-puff, turn.

#### Size Medium only:

**Rounds 1–8:** Work Rounds 1–8 of small size—14 lace repeats.

**Round 9:** (Beg-puff, ch 2, puff) in first space, \*[ch 5, [dc2tog over next 2 dc] twice, ch 5, V-st in ch-2 space of next V-st] 3 times, ch 5, [dc2tog over next 2 dc] twice, ch 5, fan in ch-2 space of next V-st (corner made), [ch 5, [dc2tog over next 2 dc] twice, ch 5, V-st in ch-2 space of next V-st] 2 times, ch 5, [dc2tog over next 2 dc] twice, ch 5, fan in ch-2 space of next V-st (corner made); repeat from \* around omitting last fan, puff in same space as beg-puff; join with ch 1, sc in top of beg-puff, turn.

**Round 10:** (Beg-puff, ch 2, puff) in first space, \*[ch 6, [dc2tog over next 2 dc], ch 6, V-st in next ch-2 space] 3 times, ch 2, V-st in next corner ch-2 space, [ch 6, [dc2tog over next 2 dc], ch 6, V-st in next ch-2 space] 4

times, ch 2, V-st in next corner ch-2 space; repeat from \* around omitting last ch-2 and last V-st; join with ch 1, sc in top of beg-puff, turn.

**Size Large only:**

**Round 1:** Beg-puff in first st, \*[ch 3, skip next st, sc in next st, ch 3, sc in next st, ch 3, V-st in next st] 2 times, [ch 3, skip next st, sc in next st, ch 3, sc in next st, ch 3, skip next st, V-st in next st; repeat from \* 5 more times omitting last V-st, puff in same st as beg-puff; join with ch 1, sc in top of beg-puff (join counts as ch-sp), turn—18 lace repeats.

**Rounds 2–6:** Work Rounds 2–6 of small size.

**Round 7:** Repeat Round 6.

**Round 8–11:** Work Rounds 7–10 of small size.

**Size X-Large only:**

**Rounds 1–9:** Work Rounds 1–9 of large size—18 lace repeats.

**Round 10:** (Beg-puff, ch 2, puff) in first space, \*[ch 5, [dc2tog over next 2 dc] twice, ch 5, V-st in ch-2 space of next V-st] 4 times, ch 5, [dc2tog over next 2 dc] twice, ch 5, fan in ch-2 space of next V-st (corner made), [ch 5, [dc2tog over next 2 dc] twice, ch 5, V-st in ch-2 space of next V-st] 3 times, ch 5, [dc2tog over next 2 dc] twice, ch 5, fan in ch-2 space of next V-st (corner made; repeat from \* around omitting last fan, puff in same space as beg-puff; join with ch 1, sc in top of beg-puff, turn.

**Round 11:** (Beg-puff, ch 2, puff) in first space, \*[ch 6, [dc2tog over next 2 dc], ch 6, V-st in next ch-2 space] 4 times, ch 2, V-st in next corner ch-2 space, [ch 6, [dc2tog over next 2 dc], ch 6, V-st in ch-2 space of next V-st] 5 times, ch 2, V-st in next corner ch-2 space; repeat from \* around omitting last ch-2 and last V-st; join with ch 1, sc in top of beg-puff, turn.

**Size XX-Large only:**

**Rounds 1–11:** Work Rounds 1–11 of large size—18 lace repeats.

**Round 12:** Beg-puff in first space, ch 5, sc in next ch-6 space, ch 5, sc in next dc, ch 5, sc in next ch-6 space, ch 5, \*V-st in ch-2 space of next V-st, ch 5, sc in next ch-6 space, ch 5, sc in next dc, ch 5, sc in next ch-6 space, ch 5; repeat from \* around, puff in same space as beg-puff; join with ch 1, sc in top of beg-puff, turn.

**Join Body**

**Sizes Small (Large) only:**

**Joining Round:** Ch 1, sc in first space, \*[ch 5, sc in next ch-6 space, ch 5, sc in next dc, ch 5, sc in next ch-6 space, ch 5, sc in ch-2 space of next V-st] 4 (5) times across body, ch 1, Fsc 10 (for underarm), skip next 2 (3) V-sts, sc in ch-2 space of next V-st; repeat from \* around omitting last sc; join with slip st in first sc—32 (40) mesh (ch-5 spaces). Fasten off.

**Sizes Medium (X-Large) only:**

**Joining Round:** Ch 1, sc in first space, ch 5, sc in next ch-2 space of next corner V-st, \*[ch 5, sc in next ch-6 space, ch 5, sc in next dc, ch 5, sc in next ch-6 space, ch 5, sc in ch-2 space of next V-st] 4 (5) times across body, ch 5, sc in next corner ch-2 space, ch 1, Fsc 10 (for underarm), skip next corner V-st, skip next 2 (3) V-sts, skip next corner V-st, sc in ch-2 space of next V-st; repeat from \* around omitting last sc; ch 5, join with slip st in first sc—36 (44) mesh (ch-5 spaces). Fasten off.

**Size XX-Large only:**

**Joining Round:** Ch 1, sc in first space, \*[ch 5, sc in next ch-5 space] 4 times, ch 5, sc in ch-2 space of next V-st] 5 times, ch 1, Fsc 13 (for underarm), skip next 3 V-sts, sc in ch-2 space of next V-st; repeat from \* around omitting last sc; join with slip st in first sc—50 mesh (ch-5 spaces). Fasten off.

**BODY**

**All sizes:**

Turn, skip first 6 (6, 6, 6, 9) Fsc of underarm, join yarn with slip st in next Fsc.

**Round 1:** Ch 1, sc in same Fsc, ch 5, skip next 2 Fsc, sc in next Fsc, [ch 5, sc in next ch-5 space] 16 (18,

20, 22, 25) times to next underarm, ch 5, sc in first Fsc of underarm, [ch 5, skip next 2 Fsc, sc in next Fsc] 3 (3, 3, 3, 4) times, [ch 5, sc in next ch-5 space] 16 (18, 20, 22, 25) times to underarm, ch 5, sc in first Fsc of underarm, [ch 5, skip next 2 Fsc, sc in next Fsc] 1 (1, 1, 1, 2) times, skip remaining 2 Fsc; join with ch 2, dc in first sc (join counts as ch-sp), turn—40 (44, 48, 52, 60) mesh.

**Size XX-Large only:**

**Round 2:** Ch 1, sc in first space (formed by join), \*ch 5, sc in next ch-5 space; repeat from \* around; join with ch 2, dc in first sc, turn.

**All sizes:**

Work Rounds 1–8 of Mesh Pattern 3 times, then work Rounds 1–4 of Mesh Pattern once more. Do not fasten off.

**Note:** Lengthen or shorten top, as desired, by working repeating Round 4 or Round 8.

**Body Trim**

**Round 1 (RS):** Ch 1, sc in first space, [puff, ch 3, puff, ch 3, puff] in next ch-5 space, ch 1, \*sc in next ch-5 space, [puff, ch 3, puff, ch 3, puff] in next ch-5 space, ch 1; repeat from \* around; join with slip st in first sc. Fasten off.

**CAP SLEEVE**

**Note:** Begin work along "ch" edge of Fsc at underarm.

With RS of one underarm facing, skip first 4 (4, 4, 4, 6) "chs" of the Fsc; join with slip st in next ch.

**Sizes Small (Large) only:**

**Round 1:** Ch 1, sc in same ch, ch 5, skip next 2 ch, sc in next ch, skip remaining 2 ch, ch 5, sc in ch-2 space of next V-st (same space as previous worked with sc), [ch 5, sc in next ch-5 space, ch 5, sc in next dc, ch 5, sc in next ch-5 space, ch 5, sc in ch-2 space of next V-st] 3 (4) times, ch 5, skip next ch of underarm, sc in next ch, skip remaining 2 ch; join with ch 2, dc in first sc—16 (20) mesh. Do not turn.

**Sizes Medium (X-Large) only:**

**Round 1:** Ch 1, sc in same ch, ch 5, skip next 2 ch, sc in next ch, skip remaining 2 ch, ch 5, sc in next corner ch-2 space (same space as previous worked with sc), ch 5, sc in ch-2 space of next V-st, [ch 5, sc in next ch-5 space, ch 5, sc in next dc, ch 5, sc in next ch-5 space, ch 5, sc in ch-2 space of next V-st] 3 (4) times, ch 5, sc in next corner ch-2 space, ch 5, skip next ch of underarm, sc in next ch, skip remaining 2 ch; join with ch 2, dc in first sc—18 (22) mesh. Do not turn.

**Size XX-Large only:**

**Round 1:** Ch 1, sc in same ch, ch 5, skip next 3 ch, sc in next ch, skip remaining 2 ch, ch 5, sc in ch-2 space of next V-st (same space as previous worked with sc), ch 5, \*[ch 5, sc in next ch-5 space] 4 times, ch 5, sc in ch-2 space of next V-st; repeat from \* 3 more times, ch 5, skip next 2 ch of underarm, sc in next ch, skip remaining 3 ch; join with ch 2, dc in first sc—24 mesh. Do not turn.

**All sizes:**

**Trim:** Work as for body trim.

Work other cap sleeve around other armhole in same manner.

**FINISHING**

The neck edge has been left unfinished. If you find the opening is too loose or you prefer a firmer neckline, you may wish to work one round of sc firmly around, placing one sc in each neck ch.

Using yarn needle, weave in all ends. Block top, as desired.

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