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Panama Dolls

designed by
KJ Hay



Technique used: Crochet



Naturally Caron.com Country

(75% Microdenier Acrylic/25% Merino Wool):

DOLL #1 (Spike) – #0021 Peacock (A), 5 oz;
#0018 Spice House (B), 1/2 oz; #0003 Soft
Sunshine (C), 1/8 oz

DOLL #2 (Squiggy) – #0020 Loden Forest (A), 5
oz; #0021 Peacock (B), 1/4 oz; #0003 Soft
Sunshine (C), 1/8 oz

DOLL #3 (Square) – #0018 Spice House (A), 5 oz;
#0020 Loden Forest (B), 1/4 oz; #0003 Soft
Sunshine (C), 1/8 oz

One size US G/7 (4.5 mm) crochet hook, or size to
obtain gauge

4"/10 cm piece of flexible cardboard (to support
neck)

Polyester fiberfill

Stitch markers

Yarn needle



click to enlarge

[Printer Friendly instructions](#)

FINISHED MEASUREMENTS

Dolls measure 12-13"/30.5-33 cm tall x 6-9"/15-22 cm wide.

GAUGE

In single crochet, using US size G/7 (4.5 mm) hook, 19 sc and 18 rounds = 4"/10 cm.

Gauge is not critical for this project.

ABBREVIATIONS

Right side (RS)

Wrong side (WS)

STITCHES USED

Chain (ch)

Half double crochet (hdc)

Single crochet (sc)

Slip stitch (slip st)

SPECIAL TERM

Single crochet 2 together (sc2tog): Insert hook in next stitch, yarn over and pull up a loop, (2 loops on hook), insert hook in next stitch, yarn over and pull up a loop, yarn over and draw through all 3 loops on hook.

SPECIAL TECHNIQUE

Double-ring method: Holding the yarn a few inches from the end, wrap twice around your fingers. Remove rings from fingers and grip two rings and tail firmly between middle finger and thumb. Insert hook through center of ring and draw up a loop. Yarn over and draw through loop on hook, ch 1. Work stitches of first round on the rings. Pull gently, but firmly, on tail to tighten ring.

NOTES

1. The pieces of each doll are worked in continuous spirals; do not join and do not turn at the end of a round, unless otherwise instructed. Place a stitch marker to indicate the beginning of the round; move the marker up as each round is completed.
2. The limbs for each doll are made first. The body is then worked and the legs and arms joined to the body as work progresses.

DOLL #1 (Spike)

Arm (make 2)

With A, form a ring using the double-ring method (see above).

Round 1: Ch 1, 6 sc in ring—6 sc.

Round 2: 2 sc in each sc around—12 sc.

Round 3: [Sc in next sc, 2 sc in next sc] 6 times—18 sc.

Round 4: [Sc in next 2 sc, 2 sc in next sc] 6 times—24 sc.

Rounds 5–7: Sc in each sc around.

Round 8: [Sc in next 2 sc, sc2tog] 6 times—18 sc.

Rounds 9–17: Sc in each sc around.

Slip st in next st. Fasten off.

Leg (make 2)

With A, form a ring using the double-ring method.

Rounds 1–4: Work Rounds 1–4 of arm.

Round 5: [Sc in next st, 2 sc in next st, sc in next 2 sts] 6 times—30 sc.

Rounds 6–8: Sc in each sc around.

Round 9: [Sc2tog] 8 times, sc in last 14 sc—22 sc.

Rounds 10–18: Sc in each sc around.

Row 19 (gusset): Ch 1, turn; sc in next 10 sts for gusset; leave remaining sts unworked—10 sc.

Fasten off.

Body & Head

With A and right sides facing, sew top edge of gusset on each leg together.

Round 1 (leg joining round): Join A with sc in one end of gusset seam, work one sc in edge of gusset, sc in next 12 sc around top of leg; work 3 sc evenly spaced across edge of gussets; sc in next 12 sc around top of next leg; work 1 sc in edge of gusset; join with slip st in first sc—30 sc.

Rounds 2–4: Sc in each sc around; do not join.

Round 5: [Sc in next 2 sc, 2 sc in next sc, sc in next 2 sc] 6 times—36 sc.

Round 6: Sc in each sc around.

Round 7: [Sc in next 5 sc, 2 sc in next sc] 6 times—42 sc.

Rounds 8–10: Sc in each sc around.

Round 11: [Sc in next 5 sc, sc2tog] 6 times—36 sc.

Round 12: Sc in each sc around.

Round 13: [Sc in next 4 sc, sc2tog] 6 times—30 sc.

Round 14: Sc in each sc around.

Round 15: [Sc in next 3 sc, sc2tog] 6 times—24 sc.

Round 16: Sc in each sc around.

Stuff legs and lower part of body with fiberfill.

Flatten doll and place arms at sides of body. Sew six stitches of each arm to six side stitches of body.

Round 17 (arm joining round): [Sc in each st across to arm, sc in 12 remaining sts of arm, skip next 6 (sewn) sc of body] twice, sc in each st to end of round—36 sts.

Round 18: [Sc in next 4 sc, sc2tog] 6 times—30 sc.

Stuff arms with fiberfill.

Round 19: [Sc in next 3 sc, sc2tog] 6 times—24 sc.

Round 20: [Sc in next 2 sc, sc2tog] 6 times—18 sc.

Round 21 (neck): [Sc in next sc, sc2tog] 6 times—12 sc.

Round 22: [Sc in next sc, 2 sc in next sc] 6 times—18 sc.

Round 23: [Sc in next 2 sc, 2 sc in next sc] 6 times—24 sc.

Round 24: [Sc in next 3 sc, 2 sc in next sc] 6 times—30 sc.

Round 25: [Sc in next 4 sc, 2 sc in next sc] 6 times—36 sc.

Round 26: [Sc in next 5 sc, 2 sc in next sc] 6 times—42 sc.

Round 27: [Sc in next 6 sc, 2 sc in next sc] 6 times—48 sc.

Round 28: [Sc in next 7 sc, 2 sc in next sc] 6 times—54 sc.

Round 29: [Sc in next 8 sc, 2 sc in next sc] 6 times—60 sc.

Round 30: Sc in each sc around.

Repeat Round 30 until head measures about 4"/10 cm up from neck.

Next Row: To shift beginning of rounds, sc in each sc across to one side of head; leave remaining sc unworked for now. Mark new beginning.

Roll 4"/10 cm piece of cardboard into a tube and insert into neck of doll. Finish stuffing body and head of doll pressing fiberfill inside and around the cardboard tube to keep it in place.

First Spike

Round 1: Sc in next 10 sc, skip next 40 sc, sc in next 10 sc—20 sc.

Note: Work now proceeds over these 20 sc. Later, two more spikes will be worked over the skipped 40 sc.

Round 2: Sc in each sc around.

Note: The following rows are worked for shaping. Turn at the end of Rows 3-10, as instructed.

Row 3 (RS): Sc in each sc across, turn.

Row 4 (WS): Ch 1, sc in first 19 sc, skip last st, turn—19 sc.

Rows 5-10: Ch 1, sc in each sc across to last sc; leaving last sc unworked, turn—13 sc at end of last row.

Round 11 (RS): Ch 1, [sc in next sc, sc2tog] 4 times, sc in next sc; working across both shaped edges, sc in unworked sc at end of each row—16 sc.

Round 12: Sc in each sc around.

Round 13: *Sc in next 2 sc, sc2tog; repeat from * around—12 sc.

Round 14: Sc in each sc around.

Rounds 15 and 16: Repeat Rounds 13 and 14—9 sc. Stuff spike with fiberfill.

Round 17: [Sc in next sc, sc2tog] 3 times—6 sc.

Rounds 18 and 19: Sc in each sc around. At end of last round, slip st in next sc. Fasten off, leaving a long tail. Finish stuffing tip of spike. Weave the tail through the last round of sts, pull tight and secure.

Middle Spike

Round 1: With RS facing, join A with sc in first unworked sc following first spike; sc in next 9 sc, skip next 20 sc, sc in next 10 sc—20 sc.

Rounds 2-5: Sc in each sc around.

Round 6: [Sc in next 3 sc, sc2tog] 4 times—16 sc.

Rounds 7-14: Repeat Rounds 12-19 of first spike.

Sew the space between the first and middle spike closed.

Final Spike

Round 1: With RS facing, join A with sc in side of head (there should be 9 more unworked sc to work before reaching the middle spike, and 10 unworked sc following the middle spike), sc in next 9 sc across to middle spike, sc in next 10 sc—20 sc.

Rounds 2-19: Repeat Rounds 2-19 of first spike.

Sew the space between the final and middle spike closed.

Scarf

With B, chain 4.

Row 1: Sc in second ch from hook and in next 2 ch, turn—3 sc.

Row 2: Ch 1, sc in each sc across, turn.

Repeat Row 2 until scarf measures approximately 20"/51 cm from beginning. Fasten off.

Eye (make 2)

With C, form a ring using the double-ring method.

Round 1: Ch 2, work 11 hdc in ring; join with slip st in top of beginning ch-2. Fasten off.

For pupil, with B, embroider straight stitches on eye (see photo).

Finishing

Using yarn needle, weave in all ends. Fold scarf in half and wrap around neck of doll. Thread ends of scarf through loop formed by fold and pull gently to snug scarf. Sew eyes to face.

DOLL #2 ("Squiggy")**Leg (make 3)**

With A, form a ring using the double-ring method (see above).

Round 1: Ch 1, 6 sc in ring—6 sc.

Round 2: 2 sc in each sc around—12 sc.

Round 3: [Sc in next sc, 2 sc in next sc] 6 times—18 sc.

Round 4: [Sc in next 2 sc, 2 sc in next st] 6 times—24 sc.

Round 5: [Sc in next sc, 2 sc in next st, sc in next 2 sc] 6 times—30 sc.

Rounds 6–8: Sc in each sc around.

Round 9: [Sc2tog] 8 times, sc in last 14 sc—22 sc.

Rounds 10–18: Sc in each sc around.

Slip st in next st. Fasten off.

Body

Arrange legs side by side with toes pointing in various directions. With A, sew four stitches at top edges of neighboring legs connecting them together.

Round 1 (leg joining round): With RS facing, join A with sc in any sc of any leg, sc in each unsewn sc of all legs around—50 sc.

Round 2: [Sc in next 4 sc, 2 sc in next sc] 10 times—60 sc.

Rounds 3–7: Sc in each sc around.

Stuff legs with fiberfill.

Round 8: [Sc in next sc, sc2tog] 20 times—40 sc.

Begin stuffing body and continue stuffing body as you go.

Rounds 9–13: Sc in each sc around.

Round 14: [Sc in next sc, 2 sc in next sc] 20 times—60 sc.

Rounds 15–26: Repeat Rounds 3–14.

Rounds 27–37: Repeat Rounds 3–13.

Round 38: *Sc in next 2 sc, sc2tog; repeat from * around—30 sc.

Stuff body with fiberfill.

Round 39: Sc in each sc around.

Round 40: *Sc in next sc, sc2tog; repeat from * around—20 sc.

Round 41: Sc in each sc around.

Round 42: (Sc2tog) around—10 sc.

Round 43: Sc in each sc around. Do not fasten off.

Squiggles

Row 1: *Sc in next sc, ch 12, 3 dc in third ch from hook, 3 dc in each of remaining 9 ch, slip st next sc; repeat from * around—5 squiggles. Fasten off, leaving a long tail. Weave the tail through the sts at bases of squiggles, pull tight, and secure.

Bow

With B, chain 100. Fasten off. Weave in ends. Wrap around base of squiggles and tie a double bow.

Eye (make 2)

With C, form a ring using the double-ring method.

Round 1: Ch 2, work 11 hdc in ring; join with slip st in top of beginning ch-2. Fasten off.

For pupil, with B, embroider straight stitches on eye (see photo).

Finishing

Using yarn needle, weave in all ends. Sew eyes to face.

DOLL #3 ("Square")

Arm (make 2)

With A, form a ring using the double-ring method (see above).

Round 1: Ch 1, 6 sc in ring—6 sc.

Round 2: 2 Sc in each sc around—12 sc.

Round 3: [Sc in next st, 2 sc in next st] 6 times—18 sc.

Round 4: [Sc in next 2 sts, 2 sc in next st] 6 times—24 sc.

Rounds 5–7: Sc in each sc around.

Round 8: [Sc in next 2 sts, sc2tog] 6 times—18 sc.

Round 9: [Sc in next st, sc2tog] 6 times—12 sc.

Rounds 10–17: Sc in each sc around.

Slip st in next st. Fasten off.

Foot (make 2)

With A, form a ring using the double-ring method.

Round 1: Ch 1, 6 sc in ring—6 sc.

Round 2: 2 Sc in each sc around—12 sc.

Round 3: [Sc in next sc, 2 sc in next sc] 6 times—18 sc.

Round 4: [Sc in next 2 sc, 2 sc in next sc] 6 times—24 sc.

Round 5: [Sc in next sc, 2 sc in next sc, sc in next 2 sc] 6 times—30 sc.

Rounds 6–8: Sc in each sc around.

Round 9: [Sc2tog] 8 times, sc in last 14 sc—22 sc.

Rounds 10–12: Sc in each sc around.

Slip st in next st. Fasten off.

Body

Arrange feet side by side with toes pointing as desired. With A, sew five stitches at top edge of neighboring feet together.

Note: Round 1 works about one and one-half rounds of stitches to join feet to body and shift the beginning of following rounds.

Round 1 (leg joining round): With A, ch 7; sc in center unsewn sc of first foot, sc in next 8 sc; sc in next 9 sc of next foot; ch 8, 3 sc in second ch from hook, sc next 6 ch, sc in each remaining unsewn sc of both feet; sc in first 6 ch of beginning ch-7, 3 sc in last ch; working along opposite side of ch-7, sc in next 6 ch; working across sts made at beginning of round, sc in first 18 sc; working along opposite side of ch-8, sc in next 6 ch—66 sc.

Rounds 2–6: Sc in each sc around.

Flatten body and place a stitch marker on each side edge. Exact placement is not essential.

Round 7: [Sc in each sc to marker, 2 sc in next 2 sc] twice—70 sc.

Rounds 8–25: Repeat Rounds 2–7 three times—82 sc.

Rounds 26–30: Sc in each sc around.

Flatten doll and place arms at sides of body. Sew four stitches of each arm to four side stitches of body.

Round 31 (arm joining round): [Sc in each sc across to arm, sc in 8 remaining sts of arm, skip next 4 (sewn) sc of body] twice, sc in each sc across to end of round—90 sc.

Stuff feet and arms with fiberfill. Begin stuffing body and continue stuffing as work progresses.

Round 32: Sc in each sc around.

Repeat last round until doll measures 12"/30.5 cm. Sc in each st across to one side of body. Fasten off, leaving a long tail for sewing. Finish stuffing doll and sew edges of last row together.

Eye (make 2)

With C, form a ring using the double-ring method.

Round 1: Ch 2, work 11 hdc in ring; join with slip st in top of beginning ch-2. Fasten off.

For pupil, with B, embroider straight stitches on eye (see photo).

Nose

With B, form a ring using the double-ring method.

Round 1: Ch 2, work 11 hdc in ring; join with slip st in top of beginning ch-2. Fasten off.

Finishing

Using yarn needle, weave in all ends. Sew eyes and nose to face.

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